

Semper Fi

"THE SCUTTLEBUTT"

<http://www.mcltraecoheedet115.org/>

February 2020 Edition



Don Elseroad, Editor

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*SSgt Walter F. "Trae" Cohee III
Detachment # 115
Salisbury, MD*

DETACHMENT OFFICERS

2019 – 2020

Commandant: Ed Elder

Senior Vice Commandant: Andy Bouma

Junior Vice Commandant: William Jones

Judge Advocate: Thomas Kellar

Junior Past Commandant: Bob Miller

Paymaster: Clifford Fridlind

Adjutant: Richard Hyson

Sgt-At-Arms: Jeff Merritt

Chaplain: Rhuel Goslee

Web Sergeant/Scuttlebutt Editor: Don Elseroad

Original Charter Date May 10, 1970

MEETING TIME & PLACE

Meetings are always held on the second Wednesday of each month. The next regularly scheduled meeting will be held on March 11th, 2020 at 1900 (7:00 P.M.) at the American Legion Post 64, 1109 American Legion Road, Salisbury, MD 21801.

Please make every effort to attend.

Upcoming Holiday's & Events

<p><u>March 8</u></p>	<p><u>March 17</u></p>	<p><u>March 19</u></p>	<p><u>March 29</u></p>
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THE 2020 NATIONAL CONFERENCE PREVIOUSLY CALL MID-WINTER CONFERENCE

February 27-29, 2020 Norfolk, Virginia

SHERATON NORFOLK WATERSIDE HOTEL

777 WATERSIDE DRIVE, NORFOLK, VA 23510

RESERVATIONS: 1-800-325-3535 OR CALL THE HOTEL DIRECT AT (757) 622-666

SEE BELOW LINK FOR COMPLETE INFO

<https://www.mcleaguelibrary.org/conference/>

Department of Maryland

2020 Convention

May 7, 8 & 9, 2020

Link to Princess Royal Hotel

<https://princessroyale.com/>

The following link will take you to all the printable forms necessary to register for the convention

<http://deptofmdmcl.org/Conventions/default.htm>

2020 Mideast Division Conference - Hosted by the Department of Virginia June 19, 20 & 21, 2020

Holiday Inn, 5655 Greenwich Rd, Virginia Beach, Virginia.

<https://www.ihg.com/holidayinn/hotels/us/en/virginiabeach/orfgr/hoteldetail>

1-757-499- 4400, once answered hit O to get reservations. Toll Free 1-800-567-3856 Code-MED \$138.00 a night total 15% discount on breakfast, Parking included. If ADA type of room is required, make sure you mention it when making reservations

97th National Convention

August 9 through 15, 2020

Hosted by Department of Florida

Hilton Daytona Beach Oceanfront 100 N Atlantic Ave, Daytona Beach, FL

<https://www.daytonahilton.com/>

More info will be provided when it becomes available

"Sick or in Distress"

MCL Members and/or family members Richard HYSON, Paul TOMKO, Rhuel GOSLEE, Ed ELDER, Gloria HOWARD, Don ELSEROAD, and Jeanne COHEE are having or have recently had various health problems. Please keep these folks and their families in your thoughts and prayers.

"Membership Happenings"

(Please advise the Editor of any errors or omissions)

<u>MARCH "HAPPY BIRTHDAYS"</u> 14th Paul TOMKO 23rd Barb EBAUGH 31st Diana MERRITT	<u>MARCH ANNIVERSARIES</u> 24th Renee & 'Josh' KELLEY (12 yrs)
<u>MARCH MCL ANNIVERSARIES</u> Warner SUMPTER (19 yrs) Carl EBAUGH (16 yrs) Richard HYSON (10 yrs) Jeff MERRITT (9 yr)	<u>MEMBERSHIP RENEWED</u> None reported to your editor <u>WELCOME ABOARD</u> None reported to your editor

DON'T LET YOUR MEMBERSHIP LAPSE

ALL DETACHMENT MEMBERS THAT ARE NOT "LIFE" MEMBER'S NEED TO RENEW YOUR MEMBERSHIP NLT AUGUST 31 EACH YEAR

Make your check for \$24.00 payable to "MCL Det 115" and send it to our paymaster

Clifford Fridlind, Paymaster
26267 Evesboro Lane
Eden, MD 21822-2112
410-742-7505
plcmlind@juno.com

Corps Values

HONOR: I will bear true faith and allegiance ...; Accordingly, we will: Conduct ourselves in the highest ethical manner in all relationships with peers, superiors and subordinates; Be honest and truthful in our dealings with each other, and with those outside the Navy; Be willing to make honest recommendations and accept those of junior personnel; Encourage new ideas and deliver the bad news, even when it is unpopular; Abide by an uncompromising code of integrity, taking responsibility for our actions and keeping our word; Fulfill or exceed our legal and ethical responsibilities in our public and personal lives twenty-four hours a day. Illegal or improper behavior or even the appearance of such behavior will not be tolerated. We are accountable for our professional and personal behavior. We will be mindful of the privilege to serve our fellow Americans.

COURAGE: I will support and defend...; Accordingly, we will have: courage to meet the demands of our profession and the mission when it is hazardous, demanding, or otherwise difficult; Make decisions in the best interest of the navy and the nation, without regard to personal consequences; Meet these challenges while adhering to a higher standard of personal conduct and decency; Be loyal to our nation, ensuring the resources entrusted to us are used in an honest, careful, and efficient way. Courage is the value that gives us the moral and mental strength to do what is right, even in the face of personal or professional adversity.

COMMITMENT: I will obey the orders ...; Accordingly, we will: Demand respect up and down the chain of command; Care for the safety, professional, personal and spiritual well-being of our people; Show respect toward all people without regard to race, religion, or gender; Treat each individual with human dignity; Be committed to positive change and constant improvement; Exhibit the highest degree of moral character, technical excellence, quality and competence in what we have been trained to do. The day-to-day duty of every Navy man and woman is to work together as a team to improve the quality of our work, our people and ourselves.

United States Marine, your best friend or your worst enemy!

How owning a dog can improve your health

By Deirdre Imus

When illness or injury strikes, the road to recovery is often paved with medications and therapies, in addition to a healthy diet, physical activity and plenty of TLC. Healing is serious business, and you must be kind to your body when it needs you most. But what helps us heal is not always sold over-the-counter, nor is it always available in the produce aisle. Sometimes it is asleep at the foot of the bed, begging for a treat, licking your face or running circles around your yard. I'm speaking, of course, about the power of dogs.

Simply put, having a dog changes your life. These furry co-dependents fill our lives with meaning, and can teach us about love, loyalty and companionship. Despite their sometimes frenetic nature, dogs have a particular serenity about them. They are keenly in tune with human emotion at times of loss, strife, illness or other challenges, and may experience some of these same profound feelings themselves. Animal behaviorists note that dogs "mourn" in their own way, sleeping more, eating less and moving slower after long periods of time away from those they are bonded to, human or canine. And anyone lucky enough to love a dog can tell you about their profound ability not only to sympathize, but to help heal; it is no coincidence that dogs are brought into hospitals and rehabilitation centers to make people feel better, physically and spiritually.

People love cats and fish, but for me, dogs have always been the thing. And as it turns out, being a "dog person" has restorative benefits not unlike those of adhering to an organic diet and regular exercise routine. Last year, a study found that owning a pet – especially a dog – improved cardiovascular health by keeping people active. It also reduced stress responses in the body, and lowered blood pressure, cholesterol levels and weight.

Other research has suggested that petting a dog makes us – and the dog – feel better, because it causes the body to release the affection-inducing hormone oxytocin. In addition to visiting health care facilities, specially trained dogs also assist the disabled with necessary tasks, can alert diabetics to low or high blood sugar levels and can help break down barriers with children on the autism spectrum. Canines are uniquely qualified to connect with other species. In fact, researchers at Duke University's Canine Cognition Center found that dogs appear to be the only species unafraid of strangers; by contrast, they adore them.

Taking care of a dog can be challenging at times, and losing a pet is pure, unadulterated heartbreak. But the positives of letting a dog into your life far outweigh any potential negatives. I have witnessed time and again at the Imus Ranch how caring for an animal – whether a horse, dog, chicken or cow – can bring people back to life. It allows children and adults battling illness to put that all aside, if only for a few minutes, to take care of another. While this is not a dog's intended purpose, it is a happy byproduct – just one of many.

I teach a lot about the importance of eating organic foods, avoiding chemical exposures, and exercising to achieve or regain health. Above all of those factors, however, I place a good sense of humor, fantastic music - and dogs. Any and all will do. As the season turns and we emerge from winter's doldrums, laugh a little, turn up the volume and allow some four-legged joy to enter your life.

"Political Correctness" the beginning

Below are copies of four telegrams that were between Harry Truman and Douglas MacArthur on the day before the actual signing of the Japanese Surrender Agreement. The contents of those four telegrams below are exactly as received, not a word has been added or deleted!

(1) Tokyo, Japan

0800-September 1, 1945

To: President Harry S Truman

From: General D A MacArthur

Tomorrow we meet with those yellow bellied bastards and sign the Surrender Documents, any last minute instructions?

(2) Washington, D C

1300-September 1, 1945

To: D A MacArthur

From: H S Truman

Congratulations, job well done, but you must tone down your obvious dislike of the Japanese when discussing the terms of the surrender with the press, because some of your remarks are fundamentally not politically correct!

(3) Tokyo, Japan

1630-September 1, 1945

To: H S Truman

From: D A MacArthur and C H Nimitz

Wilco Sir, but both Chester and I are somewhat confused, exactly what does the term politically correct mean?

(4) Washington, D C

2120-September 1, 1945

To: D A MacArthur/C H Nimitz

From: H S Truman

Political Correctness is a doctrine, recently fostered by a delusional, illogical minority and promoted by a sick mainstream media, which holds forth the proposition that it is entirely possible to pick up a piece of shit by the clean end!

RAO Bulletin

Each month your editor attempted to review all RAO Bulletins and put articles deemed important to veterans into our newsletters.

However, what may be important to me may not be important to you and I may very possibly overlook something you as a veteran might like to know about, so I am providing a link below that will take you to the current bulletin so that you might look it over. The below bulletin is dated February 1st, 2020.

[http://www.nhc-ul.org/Bulletin%20200201%20\(PDF%20Edition\).pdf](http://www.nhc-ul.org/Bulletin%20200201%20(PDF%20Edition).pdf)

EVERY DAY PRAYER REQUEST

“Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families

for the selfless acts they perform for us in our time of need. Amen.”

FREEDOM IS NOT FREE
Support Our Troops



I pledge allegiance to the flag of the United States of America and to the Republic for which it stands,
One Nation under God, indivisible, with liberty and justice for all.

LINKS TO CHECK

Many of you if not all skip over these links. If you do you are missing out on some good stuff.
<https://www.msn.com/en-us/movies/celebrity/kirk-douglas-hollywood-icon-and-spartacus-star-dies-at-103/ar-BBZHmuA?li=BBnbfcL>

FROM YOUR EDITOR

If you are receiving this newsletter via “Snail Mail” and have email capability, please email me at 53usmc73@bvu.net so that I can add you to my address book and cut down on the postage.
Any comments or suggestion on what should be in our newsletter! *Articles/information you need! Let me know!* The newsletter will go to press on or about the weekend following each meeting. Don Elseroad, Editor

-- *Once a Marine, Always a Marine* –
OOORAHHH !!!!!

GOD BLESS AMERICA



Saepius Exertus, Semper Fidelis, Frater Infinias
Often Tested, Always Faithful, Brothers Forever

Good night "Chesty" wherever you are

